ARUMA FLOWER™ LUMINA

Dried Cannabis Flower

Active ingredient(s): *THC (tetrahydrocannabinol) 22%*

Consumer Medicine Information (CMI) summary

The full CMI on the next page has more details. If you are worried about using this medicine, speak to your doctor or pharmacist.

1. Why have I been prescribed Aruma Flower Lumina?

Aruma Flower Lumina contains the active ingredients tetrahydrocannabinol (THC), as well as smaller amounts of other cannabinoids and terpenes. Aruma Flower Lumina is used to treat several different medical conditions.

For more information, see Section 1. Why am I using Aruma Flower Lumina? in the full CMI.

2. What should I know before I use Aruma Flower Lumina?

Do not use if you have ever had an allergic reaction to tetrahydrocannabinol (THC), cannabidiol (CBD), or any of the ingredients listed at the end of the CMI.

Do not use if you have a serious mental health disorder, or a serious heart, liver, kidney, or lung problem.

Talk to your doctor if you have any other medical conditions, take any other medicines, are pregnant or plan to become pregnant, or are breastfeeding.

For more information, see Section 2. What should I know before I use Aruma Flower Lumina? in the full CMI.

3. What if I am taking other medicines?

Some medicines may interfere with Aruma Flower Lumina and affect how it works.

A list of these medicines is in Section 3. What if I am taking other medicines? in the full CMI.

4. How do I use Aruma Flower Lumina?

Your doctor will tell you how much Aruma Flower Lumina to use.

More instructions can be found in Section 4. How do I use Aruma Flower Lumina? in the full CMI.

5. What should I know while using Aruma Flower Lumina?

Things you should do	• Inform any doctor, dentist or pharmacist or other health professionals you visit that you are using Aruma Flower Lumina prior to starting any new medication. • Use Aruma Flower Lumina exactly as prescribed by your doctor. • Call your doctor immediately if you notice your condition getting worse.
Things you should not do	• Do not exceed the recommended dose prescribed by your doctor. • Do not give Aruma Flower Lumina to anyone else, even if they have the same condition as you.
Driving or using machines	• Do not drive or use any machines or tools. • It is illegal to drive a motor vehicle in Australia while if you are taking medicinal cannabis.
Drinking alcohol	• Avoid alcohol when taking Aruma Flower Lumina.
Looking after your medicine	• Store Aruma Flower Lumina in a cool dry place away from moisture, heat, or sunlight. • Store out of reach of children.

For more information, see Section 5. What should I know while using Aruma Flower Lumina? in the full CMI.

6. Are there any side effects?

Common side effects of Aruma Flower Lumina include feeling dizzy or tired; feeling or being sick; diarrhea or eating more or less than usual. Serious side effects of Aruma Flower Lumina include changes to how you think and to your emotions.

For more information, including what to do if you have any side effects, see Section 6. Are there any side effects? in the full CMI.

ARUMA FLOWER™ LUMINA

Dried Cannabis Flower

Active ingredient(s): *THC (tetrahydrocannabinol) 25% w/w and CBD (cannabidiol) <1% w/w*

Consumer Medicine Information (CMI)

This leaflet provides important information about using Aruma Flower Lumina. **You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about using Aruma Flower Lumina.**

Where to find information in this leaflet:

1. Why have I been prescribed Aruma Flower Lumina?
2. What should I know before I use Aruma Flower Lumina?
3. What if I am taking other medicines?
4. How do I use Aruma Flower Lumina?
5. What should I know while using Aruma Flower Lumina?
6. Are there any side effects?
7. Product details

1. Why have I been prescribed Aruma Flower Lumina?

Aruma Flower Lumina contains the active ingredient tetrahydrocannabinol (THC).

The cannabinoids in Aruma Flower Lumina act on very specific targets in the body, known as cannabinoid receptors. These receptors are found naturally throughout the body, in most tissues and organs, but they are especially numerous in the brain and nervous system.

Aruma Flower Lumina can be used to treat a number of medical conditions, including:

- **Fits (seizures) caused by epilepsy**
- **Nausea or vomiting due to cancer treatment**
- **Some inflammatory gastrointestinal conditions that cause stomach pain**
- **Muscle spasticity (spasming or stiffness) and pain due to Multiple Sclerosis**
- **Pain that may last a long time and is not related to cancer (unremitting neuropathic pain)**
- **End of life care (palliation)**
- **Shaking and/or involuntary movements related to Parkinson's Disease**
- **Loss of appetite due to HIV or cancer therapy**

Your doctor may prescribe Aruma Flower Lumina for another purpose.

Ask your doctor if you have any questions about why Aruma Flower Lumina has been prescribed for you.

2. What should I know before I use Aruma Flower Lumina?

Warnings

Do not use Aruma Flower Lumina if:

- you have a serious mental health disorder
- you have a serious heart problem such as angina, a previous heart attack, poorly controlled high blood pressure or a problem with your heart rate or heartbeat
- you are allergic to tetrahydrocannabinol (THC), cannabidiol (CBD), or any of the ingredients listed at the end of this leaflet

Always check the ingredients to make sure you can use this medicine

Check with your doctor if you:

- are under 18 years of age
- have any other medical conditions such as liver or kidney problems
- have family members with a history of a serious mental health disorder
- are over 65 years old

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to monitor for them. See additional information under Section 6. Are there any side effects?

Pregnancy and breastfeeding

Do not use Aruma Flower Lumina if you are pregnant or breastfeeding.

Check with your doctor if you intend to become pregnant or intend to breastfeed.

3. What if I am taking other medicines?

Tell your doctor or pharmacist if you are taking any other medicines, including any medicines, vitamins, or supplements that you buy without a prescription from your pharmacy, supermarket, or health food shop.

Some medicines may interfere with Aruma Flower Lumina and affect how it works.

Tell your doctor or pharmacist if you are using medicines for:

- anxiety or sleeping problems (for example diazepam, triazolam, zopiclone, zolpidem, buspirone or St John's Wort (an herbal preparation))
- muscle spasms (such as baclofen)
- bacterial infections (antibiotics such as rifampicin, clarithromycin)
- epilepsy or nerve pain (such as phenytoin, phenobarbital, carbamazepine)
- high cholesterol (known as statins; for example, atorvastatin or simvastatin)
- fungal infections (such as itraconazole, fluconazole and ketoconazole)
- HIV infection (for example ritonavir)
- thinning your blood (known as coumarins; for example, warfarin)
- heart problems (for example, digoxin or medicines known as betablockers, including bisoprolol, propranolol)
- inflammation (known as corticosteroids; for example, hydrocortisone, beclomethasone, prednisolone)
- putting you to sleep or relaxing your muscles before an operation or surgery (such as propofol)
- contraception or cancer treatment (hormone medicines such as ethinyloestradiol, levonorgestrel or dydrogesterone)

Check with your doctor or pharmacist if you are not sure about what medicines, vitamins or supplements you are taking and if these affect Aruma Flower Lumina.

4. How do I use Aruma Flower Lumina?

How much to take

- Your doctor will tell you how much Aruma Flower Lumina to use.
- A titration period is required to reach optimal dose. The number and timing of doses will vary between patients.
- Your doctor will provide you with a treatment schedule based on your needs.

Follow the instructions provided and use Aruma Flower Lumina until your doctor tells you to stop.

How to take Aruma Flower Lumina

Aruma Flower Lumina comes in a 10g medical grade plastic container. You may need to purchase a vapouriser and scale separately.

Step 1: Commence dosing at time of day recommended by doctor.
Step 2: Remove the tamper evident cap from the container.
Step 3: Remove a small dried cannabis flower from the container.
Step 4: Break off 0.1g of the dried cannabis flower.
Step 5: Grind or chop the material to an even, fine consistency.
Step 6: Heat vapouriser to desired temperature (typically around 180-190°C)
Step 7: Lightly pack ground cannabis material into vapouriser, allowing room for airflow to pass through the material.
Step 8: Take 1-2 inhalations. Wait 15 minutes to assess effects.
Step 9: Repeat as needed

If you use too much Aruma Flower Lumina

If you think that you have used too much Aruma Flower Lumina, you may need urgent medical attention.

You should immediately:

- contact your doctor, or
- phone the Poisons Information Centre (**by calling 13 11 26**), or
- go to the Emergency Department at your nearest hospital.

You should do this even if there are no signs of discomfort or poisoning.

5. What should I know while using Aruma Flower Lumina?

Things you should do

- Tell your doctor if you change any other medicines you are taking, including any medicines, vitamins, or supplements that you buy without a prescription from your pharmacy, supermarket, or health food shop
- Tell your doctor if you are pregnant (or planning to become pregnant) or breastfeeding.

Call your doctor immediately if you:

- notice your condition getting worse
- notice any of the serious side effects listed under Section 6. Are there any side effects?

Inform any doctor, dentist, or pharmacist you visit that you are using Aruma Flower Lumina prior to starting any new medication, including non-prescription medications.

Things you should not do

- do not take more Aruma Flower Lumina than your doctor has told you to
- do not give Aruma Flower Lumina to anyone else, even if they have the same condition as you

Driving or using machines

Do not drive or use any machines or tools while taking Aruma Flower Lumina. THC can be detected in saliva for many hours after administration and in urine for several days after use.

Drinking alcohol

Avoid alcohol when using Aruma Flower Lumina.

Alcohol may interact with Aruma Flower Lumina, affecting co-ordination, concentration, and ability to respond quickly.

Looking after your medicine

Follow the instructions on the container on how to take care of your medicine properly.

Store in a cool dry place away from moisture, heat, or sunlight. Refrigeration is not required.

KEEP OUT OF REACH OF CHILDREN

Getting rid of any unwanted medicine

If you no longer need to use this medicine or it is out of date, take it to any pharmacy for safe disposal.

Do not use this medicine after the expiry date.

6. Are there any side effects?

All medicines can have side effects. If you do experience side effects, most of them will be minor and temporary. However, some side effects may need medical attention.

See the information below and, if you need to, ask your doctor or pharmacist if you have any further questions about side effects.

Less serious side effects

Less serious side effects	What to do
Very common (affecting more than 1 in 10 people): • feeling dizzy or tired • feeling or being sick • diarrhea • eating more or less than usual **Common (affecting less than 1 in 10 people):** • problems with your memory or having trouble concentrating • feeling irritable • behaviour getting worse • difficulty speaking • lack of energy or feeling weak or generally unwell • feeling abnormal or drunk • loss of balance or falling over • blurred vision • changed sense of taste or a dry mouth • constipation • tummy pain • headache **Uncommon (affecting less than 1 in 100 people)** • fainting • changes in pulse rate, heart rate or blood pressure	**Speak to your doctor if you have any of these less serious side effects and they worry you.**

Serious side effects

Serious side effects	What to do
• seeing or hearing things that are not there (hallucinations) • believing ideas that are not true • feeling that other people are against you • thoughts of suicide • feeling depressed or confused • feeling over-excited or losing touch with reality • worsening fits or seizures related to epilepsy	**Call your doctor straight away or go straight to the Emergency Department at your nearest hospital if you notice any of these serious side effects.**

Tell your doctor or pharmacist if you notice anything else that may be making you feel unwell.

Other side effects not listed here may occur in some people.

Reporting side effects

After you have received medical advice for any side effects you experience, you can report side effects to the Therapeutic Goods Administration online at www.tga.gov.au/reporting-problems. By reporting side effects, you can help provide more information on the safety of this medicine.

Always make sure you speak to your doctor or pharmacist before you decide to stop taking any of your medicines.

7. Product details

This medicine is only available with a doctor's prescription.

What Aruma Flower Lumina contains

Active ingredients (main ingredients)	tetrahydrocannabinol (THC) **22% (w/w)**
Other ingredients	**Lesser amounts of other cannabinoids and terpenes**

Do not take this medicine if you are allergic to any of these ingredients.

What Aruma Flower Lumina looks like

Aruma Flower Lumina is a light to dark green dried cannabis flower product contained in a medical grade plastic tub.

8. Sponsor Details

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